

A Spiritual Fitness Program

Our Workout:

- D** = Devote time to God's Word daily.
A = Always pray daily.
I = Introduce others to Jesus each day.
L = Live in fellowship with other believers each day
Y = _____

Our daily workouts need commitment:

I. _____ Do we yield to Christ's Lordship?

Acts 2:36 "... is both _____ and _____."

Acts 16:31 "Believe on the _____."

- a. Lord – His divine name – speaks of His _____
- b. Jesus – His human name – speaks of His _____
- c. Christ – His Jewish name – speaks of His _____

We accept Jesus as our Savior as a one-time act of faith, but we yield to Christ as our Lord _____

II. _____ Do we yield to Christ's Lordship?

- a. By believing _____ Romans 10:9
- b. By allowing _____ I Corinthians 12:3
- c. By dying _____ I Corinthians 15:21
Galatians 6:20

III. _____ Do we yield to Christ's Lordship?

Romans 6:10-19

- a. _____ a presentation in _____ .
- b. _____ a presentation in _____ .

IV. _____ Do we yield to Christ's Lordship?

Philippians 2:6-8

Bodily exercise profits little, but godliness profits in all.