

The Subtle Sins of the Saints
Anxiety - Philippians 4:6

Have you been anxious about something lately?

Trust in God is the opposite of anxiety, and Jesus had a lot to say about it.

Matthew 6:25-34

Philippians 4:6 “Careful” = anxious (a command)

I Peter 5:7 “Care”

Luke 10:41, 42 “You are careful and troubled about many things.

What is anxiety?

1. Anxiety is a state of _____.
I Peter 5:7.
2. Anxiety is a rejection of _____.
Daniel 4
3. Anxiety free living does not _____.
Philippians 4:6.

Ask God:

- To give you trust in the place of _____.
- To give you confidence in _____.
- For more focus on His promises and less _____.
- For better understanding of His presence rather than _____
_____ .
- For commitment to His program over _____.

Did Jesus experience anxiety?
The no-worry zone in Heaven.